Avidity determination of IgG antibodies against EBV-CA
Test instruction

ORDER NO.	ANTIBODIES AGAINST	IG CLASS	SUBSTRATE	FORMAT
EI 2791-9601-1 G	Epstein-Barr virus capsid antigen (EBV-CA)	IgG	Ag-coated microplate wells	96 x 01 (96)

Background

The differentiation between fresh and long-standing infections is one of the greatest challenges in serology. Until now this was based mainly on determination of specific antibodies of the immunoglobulin class IgM, which generally only appear initially. However, the detection of these antibodies is often unreliable and problematic due to interfering factors such as persistence of the IgM response, too weak or delayed IgM production, and unspecific IgM production through polyclonal B-cell stimulation.

In recent years additional determination of the antibody avidity has become an established method for identification of primary infections. The immune system reacts to an infection by first forming low-avidity antibodies. With continued disease duration, IgG that are more precisely adapted to the antigens are produced – the avidity increases. If high-avidity IgG are detectable in the serum, it can be assumed that the infection is at a late stage.

Contents of the test system: EI 2791-9601-1 G:

Component	Colour	Format	Symbol
1. Test kit Anti-EBV-CA ELISA (IgG, order number EI 2791-9601 G)	---		
2. Positive control HA High-avidity anti-EBV-CA (IgG, human), ready for use	red	1 x 1.3 ml	POS CONTROL HA
3. Positive control LA Low-avidity anti-EBV-CA (IgG, human), ready for use	blue	1 x 1.3 ml	POS CONTROL LA
4. Urea solution for Anti-EBV-CA ELISA, ready for use	yellow	1 x 12 ml	UREA
5. Phosphate buffer ready for use	light blue	1 x 12 ml	PBS BUFFER
6. Test instruction	---	1 booklet	

LOT Lot description — CE — Storage temperature

IVD In vitro diagnostics — Unopened usable until

Storage and stability: The test kit has to be stored at a temperature between +2°C to +8°C. Do not freeze. Unopened, all test kit components are stable until the indicated expiry date.

Waste disposal: Patient samples, calibrators, controls and incubated microplate strips should be handled as infectious waste. All reagents must be disposed of in accordance with local disposal regulations.

Preparation and stability of the reagents

Note: All reagents must be brought to room temperature (+18°C to +25°C) approx. 30 minutes before use. After first use, the reagents are stable until the indicated expiry date if stored at +2°C to +8°C and protected from contamination, unless stated otherwise below.

- **Controls:** Ready for use. The reagents must be mixed thoroughly before use.

- **Urea solution:** Ready for use. The urea solution included in this test system may only be used for the avidity determination of antibodies against EBV-CA.

- **Phosphate buffer:** Ready for use.

Warning: Calibrators and controls used have tested negative for HBsAg, anti-HCV, anti-HIV-1 and anti-HIV-2 using enzyme immunoassays and indirect immunofluorescence methods. Nonetheless, all materials should be treated as being a potential infection hazard and should be handled with care. Some of the reagents contain the agent sodium azide in a non-declarable concentration. Avoid skin contact.

Preparation and stability of the patient samples

Sample material: Human serum or EDTA, heparin or citrate plasma.

Stability: Patient samples to be investigated can generally be stored at +2°C to +8°C for up to 14 days. Diluted samples should be incubated within one working day.

Sample dilution: Patient samples are diluted **1:101** sample buffer. For example: dilute 10 µl serum to 1.0 ml sample buffer and mix well by vortexing (sample pipettes are not suitable for mixing).

NOTE: The controls are prediluted and ready for use, do not dilute them.

Incubation

Sample incubation: (1st step)
Transfer 100 µl of the controls or diluted patient samples into the individual microplate wells according to the pipetting protocol. Incubate for **30 minutes** at room temperature (+18°C to +25°C).

Washing:
Manual: Empty the wells and subsequently wash **1 time** using 300 µl of working strength wash buffer.
Automatic: Wash reagent wells **1 time** with 450 µl of working strength wash buffer (program setting: e.g. TECAN Columbus Washer "Overflow Modus").

Leave the wash buffer in each well for 30 to 60 seconds per washing cycle, then empty the wells. After washing (manual and automated tests), thoroughly dispose of all liquid from the microplate by tapping it on absorbent paper with the openings facing downwards to remove all residual wash buffer. Free positions on the microplate strip should be filled with blank wells of the same plate format as that of the parameter to be investigated.

Urea incubation: (2nd step)
Pipette 200 µl of urea solution into each of the microplate wells of the first microtiter strip and 200 µl of phosphate buffer into each of the microplate wells of the second microtiter strip. Incubate for **10 minutes** at room temperature (+18°C to +25°C).

Washing:
Empty the wells. Wash as described above, but wash **3 times** using working strength wash buffer for each wash.

Note: Residual liquid (> 10 µl) in the reagent wells after washing can interfere with the substrate and lead to false low extinction values.
Insufficient washing (e.g., less than 3 wash cycles, too small wash buffer volumes, or too short residence times) can lead to false high extinction values.

Conjugate incubation: (3rd step)
Pipette 100 µl of enzyme conjugate (peroxidase-labelled anti-human IgG) into each of the microplate wells. Incubate for **30 minutes** at room temperature (+18°C to +25°C).

Washing:
Empty the wells. Wash as described above, but wash **3 times** using working strength wash buffer for each wash.

Substrate incubation: (4. step)
Pipette 100 µl of chromogen/substrate solution into each of the microplate wells. Incubate for **15 minutes** at room temperature (+18°C to +25°C), protect from direct sunlight.

Stopping the reaction:
Pipette 100 µl of stop solution into each of the microplate wells in the same order and at the same speed as the chromogen/substrate solution was introduced.

Measurement:
Photometric measurement of the colour intensity should be made at a **wavelength of 450 nm** and a reference wavelength between 620 nm and 650 nm **within 30 minutes of adding the stop solution.** Prior to measuring, slightly shake the microplate to ensure a homogeneous distribution of the solution.

Pipetting protocol

	1	2	3	4	5	6	7	8	9	10	11	12
A	pos. HA	pos. HA	P 7	P 7	P 15	P 15						
B	pos. LA	pos. LA	P 8	P 8	P 16	P 16						
C	P 1	P 1	P 9	P 9	P 17	P 17						
D	P 2	P 2	P 10	P 10	P 18	P 18						
E	P 3	P 3	P 11	P 11								
F	P 4	P 4	P 12	P 12								
G	P 5	P 5	P 13	P 13								
H	P 6	P 6	P 14	P 14								

The above pipetting protocol is an example of the avidity determination of IgG antibodies in 18 patient samples (P 1 to P 18).

Controls (pos. HA and pos. LA) as well as the patient samples have been incubated in duplicate in one well each of two different microtiter strips. The reagent wells of the microtiter strips 1, 3, 5 etc. are treated with urea solution after the incubation with patients samples, the reagent wells of the microtiter strips 2, 4, 6 etc. are treated with phosphate buffer.
The wells can be broken off individually from the strips. This makes it possible to adjust the number of test substrates used to the number of samples to be examined and minimises reagent wastage.
Both positive controls with high-avidity and low-avidity antibodies serve as internal controls for the reliability of the test procedure. They should be assayed with each test run.

Calculation of results

The presence of low-avidity antibodies in a patient's serum has been proved if the ELISA extinction value is considerably reduced by urea treatment. For an objective interpretation the relative avidity index (RAI) is calculated and expressed in percent using the extinction values with and without urea treatment.

$$\frac{\textbf{Extinction of the sample with urea treatment} \times 100}{\textbf{Extinction of the sample without urea treatment}} = \textbf{relative avidity index (RAI) in \%}$$

The upper limit of the range of low-avidity antibodies (**cut-off value**) recommended by EUROIMMUN is 40% RAI. Values below the indicated cut-off are to be considered as an indication of low-avidity antibodies, values between 40% and 60% RAI as equivocal, values above 60% RAI as an indication of high-avidity antibodies. If a result is classified as equivocal, it is recommended to collect a second sample not less than 7 days later and to test it together with the first sample.

RAI < 40%:	indication of low-avidity antibodies
RAI 40% - 60%:	equivocal
RAI > 60%:	indication of high-avidity antibodies

Reliable results in the the measurement of IgG antibody avidity can only be yielded if the patient sample contains a diagnostically significant concentration of specific antibodies. Generally, the determination of the relative avidity index is not helpful in samples which have an O.D. of < 0.140 after incubation without urea treatment.

For diagnosis, the clinical symptoms of the patient should always be taken into account alongside the serological results.

Attention:
In some patients with an acute infection, very high titers of IgG antibodies can be found. Even though the specific IgG antibody population is in different maturation stages, both high-avidity and low-avidity, the vacant antigen epitopes are predominantly occupied by high-avidity antibodies in high titer samples. The determination of the avidity of the whole specific IgG antibody population can lead to false high RAI values in results.
False high RAI values were found in some cases of acute infections when the extinction value of the IgG measurement without urea treatment was >1.200.
It is recommended for samples with extinction values of >1.200 to repeat the avidity determination with a higher sample dilution (e. g. 1:401). If low avidity of IgG antibodies is already found at extinction values of >1.200, no further testing is necessary.

Test characteristics

Specificity and sensitivity: 213 clinically characterised patient samples (Interlaboratory test samples of INSTAND, Germany / Labquality, Finland, NEQAS, UK) were investigated with the Anti-EBV-CA-ELISA (IgG) Avidity. The specificity was 99.2%, the sensitivity 100%. Borderline results were not included in this calculation.

n = 213		**INSTAND/Labquality/NEQAS**		
		low-avidity	borderline	high-avidity
EUROIMMUN Anti-EBV-CA ELISA (IgG) avidity	low-avidity	66	2	1
	borderline	6	0	17
	high-avidity	0	0	121

Clinical significance

Epstein-Barr virus (EBV) is one of the most widely distributed human-pathogenic herpes viruses. The virus is transmitted by smear infection, but also by blood transfusions or organ transplants. EBV is the causative agent of infectious mononucleosis (Pfeiffer's disease), a febrile disease usually accompanied by pharyngitis and lymphadenopathy, frequently by hepatosplenomegaly and more rarely by an exanthema. When first infection occurs in childhood the disease often proceeds without symptoms. In industrial countries mainly adolescents or young adults become infected, often leading to manifest disease. EBV infections are also found in connection with the pathogenesis of malignant lymphoma (endemic form of Burkitt's lymphoma in Africa) and nasopharyngeal carcinoma (NPC, especially widespread in South-East Asia). NPC is the third most frequent malignant tumour in southern China. Since 2011 the evidence has been increasing that EBV infection is associated with a high risk of multiple sclerosis (MS) or an aggravation of MS.

The main goal of EBV diagnostics in people with a healthy immune system is to differentiate between an acute and a past infection. Various serological methods are used for this. The immune system of healthy persons can quickly suppress a reactivation of the virus. However, in immunosuppressed patients (e.g. those on immunosuppressive therapy after organ transplantation or with an HIV infection) EBV can spread uncontrollably and cause severe lymphoproliferative diseases. In such cases it is diagnostically very important to also determine the viral load, for which PCR (polymerase chain reaction) is normally used.

Infectious mononucleosis must be differentiated from cytomegalic inclusion body disease and toxoplasmosis and, in the case of atypical progress, also from HIV infection or other infections.

In pregnancy, EBV can cause infection of the placenta, leading to damage to the foetal heart, eyes and liver. In children, accompanying infections of the kidney have been observed with symptoms from microscopic haematuria to acute kidney failure.

The immune response to an EBV infection is characterised by the formation of antibodies against EBV capsid, EBV nuclear and EBV early antigens successively.

In the early phase of the disease IgM and IgG antibodies against the viral capsid antigen (CA) can be detected. A positive Anti-EBV-CA (IgM) result is the classical marker of acute infection. IgG antibodies against early antigen are produced later in the acute phase and decrease after three to six months to a non-detectable level. Anti-CA IgG antibody levels persist lifelong. Around six to eight weeks after infection, antibodies against EBNA are produced. The presence of anti-EBNA antibodies indicates a past infection.

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